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|  | | **HSE OPERATIONAL CONTROL PROCEDURE** | | | **DOC No.** | | | | |
| **OCP No.** | | | | |
| **Date :** | | | | |
|  | | | | | | | | | |
| **ACTIVITY:** | | | **WORK AT HEIGHTS** | | | | | | |
| **Project :**  **Sub-Contractor:** | | | | **Location : Nature of work:** | | |  |  |  |
| **Sl.**  **No.** | **Controls** | | | | | **Performed**  **by** | | **Checked**  **by** | |
| 1 | Workers trained, identified and medically fit shall only be allowed for working at heights | | | | |  |  |  |  |
| 2 | Proper access ladder must be provided to gain access to the height | | | | |  |  |  |  |
| 3 | Scaffold if any used should comply OCP-14 | | | | |  |  |  |  |
| 4 | Suitable crawling boards or crawling ladders must be used over fragile materials or sloping roof | | | | |  |  |  |  |
| 5 | Roof edge barriers must be created to provide men and material from falling and sliding down when working on steep roofs | | | | |  |  |  |  |
| 6 | Openings in the roof must be securely covered or guarded | | | | |  |  |  |  |
| 7 | Display of warning notices at all approaches to fragile roof | | | | |  |  |  |  |
| 8 | Precautions should be taken to avoid debris falling on people who may be working below the roof / height | | | | |  |  |  |  |
| 9 | Suitable safety belt, safety nets, life lines etc. must be used | | | | |  |  |  |  |
| 10 | Working at a height above 1.8 Meter of 6 ft, suitable Scaffolding with platform / ladder must be used. The platform/ladder must be tied at both ends | | | | |  |  |  |  |
| 11 | The gap between the planks should not be more than 50 mm | | | | |  |  |  |  |
| 12 | No overloading of material is allowed at the platform | | | | |  |  |  |  |
| 13 | Life line should be provided for anchoring the safety belt | | | | |  |  |  |  |
| **Prepared By :**  **SE / SS :**  **Date :** | | | | **Approved By : Project Manager : Date :** | | |  |  |  |